















MCW - September

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p>  <p>10:30 Men's Group 10:45 Art and craft – Painting (Hot air balloon) 1:30 Bingo 3:30 Keep it up! 4:00 Afternoon walk</p> 	<p>2</p> <p>10:30 Men's Group 10:45 Art and craft – Painting (Hot air balloon) 1:30 Bingo 3:30 Keep it up! 4:00 Afternoon walk</p>	<p>3</p> <p>10:45 Floor games 1:30 Afternoon tea with Veronica 3:30 Exercise with physio 4:00 Relax to music</p>	<p>4</p> <p>11:00 Word games 1:30 Bingo 3:30 Seed planting</p> 	<p>5</p> <p>11:00 Snakes & Ladders 1:30 Spring decorating craft 2:45 Exercise with physio 3:30 Connections</p>	<p>6</p> <p>10:30 Sing-a-long with Pat 2:00 Catholic Mass 3:00 Drinks & Chats</p>	<p>7</p> <p>1:30 Movie Matinee: Audrey Hepburn - Remembered (PRIME)</p> 
<p>8</p> <p>11:30 Songs of praise 1:30 Movie Matinee: Wagons East! (PRIME)</p> 	<p>9</p> <p>10:30 Men's Group 10:45 Art and craft – Floral dot painting 1:30 Bingo 3:30 Keep it up! 4:00 Afternoon walk</p>	<p>10</p> <p>10:45 Floor games 1:30 Afternoon tea with Veronica 3:30 Exercise with physio 4:00 Relax to music</p>	<p>11</p> <p>11:00 Fan ball game 1:30 BINGO 3:30 Pampering & Connections</p>	<p>12</p> <p>R U OK Day 11:00 Baptist Church 2:00 Entertainer: Cassandra</p> 	<p>13</p> <p>10:30 Sing-a-long with Pat 2:00 Bundles of Fun (MCW) 3:30 Connections</p>	<p>14</p> <p>1:30 Movie Matinee: The Electrical Life of Louis Wain (PRIME)</p>
<p>15</p> <p>11:30 Songs of praise 1:30 Movie Matinee: Guys and Dolls (PRIME)</p>	<p>16</p> <p>10:30 Men's Group 10:45 Art and craft – Nature craft 1:30 Bingo 3:30 Keep it up! 4:00 Afternoon walk</p> 	<p>17</p> <p>10:45 Floor games 1:30 Afternoon tea with Veronica 3:30 Exercise with physio 4:00 Relax to music</p>	<p>18</p> <p>11:00 Hungry hippos 1:30 BINGO 3:30 Connections</p>	<p>19</p> <p>Middle Eastern Day 11:00 Visit from NIDO 1:30 Arabian Nights Movie (VLH) 3:30 Connections</p> 	<p>20</p> <p>10:30 Sing-a-long with Pat 1:30 Communion 2:30 Drinks and Games (Green Dining)</p>	<p>21</p> <p>International Day of Peace 1:30 Movie Matinee: Shirley Temple - America's Little Darling (PRIME)</p> 
<p>22</p> <p>11:30 Songs of praise 1:30 Movie Matinee: Anne of Green Gables Fire and Dew (PRIME)</p> 	<p>23</p> <p>10:30 Men's Group 10:45 Art and craft – Butterfly art 1:30 Bingo 3:30 Keep it up! 4:00 Afternoon walk</p>	<p>24</p> <p>10:45 Floor games 1:30 Alby's Café and Op Shop 4:00 Relax to music</p> 	<p>25</p> <p>11:00 Match-up 1:30 Documentary 3:30 Pampering & Connections</p>	<p>26</p> <p>11:00 Snakes & Ladders 1:30 AFL Grand Final Presentation</p> 	<p>27</p> <p>Public Holiday 1:30 Movie Matinee: The Final Quarter (PRIME)</p>	<p>28</p> <p>2:30: AFL Grand final (CHANNEL 7)</p> 
<p>World Heart Day 29</p> <p>11:30 Songs of praise 1:30 Movie Matinee: The Bishop's Wife (PRIME)</p>	<p>30</p> <p>10:30 Men's Group 10:45 Art and craft – Painting (Spring tree) 1:30 Bingo 3:30 Keep it up! 4:00 Afternoon walk</p> 	<p>*Due to unforeseen circumstances, activities may be changed or cancelled. Please see whiteboards for changes. All walks are subject to weather</p>	